



In this episode, James and Heather discuss the recent updates to Washington state's non-competition laws, which took effect on June 6, 2024. They explore the implications for employers and employees and consider the impact of an FTC rule that bans most non-competes. Key topics include the stricter scrutiny and enforcement of non-competes, revised definitions, and the effects on employee mobility and business practices.

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## Contributors



### James Sanders

Partner

[JSanders@perkinscoie.com](mailto:JSanders@perkinscoie.com) [206.359.8681](tel:206.359.8681)



### Heather Shook

Counsel

[HShook@perkinscoie.com](mailto:HShook@perkinscoie.com) [206.359.8154](tel:206.359.8154)

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